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ARCHETYPE QUIZ

Choose the answer that feels most true for you in this moment. At the end, total how many A's, B's, C's etc. you circled and discover your current most influential archetype.



WHEN YOU IMAGINE YOUR IDEAL PHOTOSHOOT, HOW DO YOU WANT TO FEEL?

- A GROUNDED AND REGAL
- B SOFT AND RADIANT
- C WILD AND UNAPOLOGETIC
- D DREAMY AND INTUITIVE
- E STRONG AND FEARLESS
- F SACRED AND CENTERED
- G MYSTERIOUS AND MAGICAL



WHAT ENVIRONMENT FEELS MOST LIKE YOUR ESSENCE RIGHT NOW?

- A A GOLDEN STUDIO, RICH FABRICS, CANDLELIGHT
- B A COZY, SUN-KISSED BEDROOM OR GARDEN
- C A GRAFFITI WALL, FOREST TRAIL, OR WINDSWEPT FIELD
- D FOG, MOONLIGHT, OR SOFT MIST
- E A MOUNTAINTOP, CLIFF, OR OPEN HORIZON
- F AN ALTAR SPACE WITH INCENSE AND RITUAL TOOLS
- G A SHADOWY FOREST OR CIRCLE OF STONES



WHICH STATEMENT FEELS CLOSEST TO YOUR TRUTH?

- A I LEAD WITH GRACE AND QUIET POWER.
- B I OPEN TO LOVE AND PLEASURE AS MY COMPASS.
- C I WAS NEVER MEANT TO FIT IN.
- D I TRUST WHAT CAN'T BE SEEN.
- E I PROTECT WHAT MATTERS WITH COURAGE.
- F I AM A VESSEL FOR DIVINE GUIDANCE.
- G I CREATE TRANSFORMATION THROUGH NATURE & INTUITION.



4. WHAT DO YOU WANT YOUR PORTRAITS TO REVEAL?

- A MY INNER SOVERIEGNTY AND SELF-WORTH
- B MY SENSUAL, ALIVE BODY
- C MY REBELLIOUS SPIRIT
- D MY SOULFUL, OTHERWORLDLY SIDE
- E MY FIERCE HEART AND DETERMINATION
- F MY DEVOTION AND SERENITY
- G MY WILD MAGIC AND WISDOM



5. HOW DO YOU TEND YOUR ENERGY?

- A BY KEEPING STRUCTURE AND ROUTINE
- B THROUGH TOUCH, BEAUTY, AND CONNECTION
- C BY MOVEMENT AND SAYING WHAT I MEAN
- D THROUGH MEDITATION, DREAMS, OR JOURNALING
- E BY TAKING ACTION AND SETTING BOUNDARIES
- F THROUGH RITUAL, PRAYER, OR SACRED SERVICE
- G BY COMMUNING WITH NATURAL RHYTHMS & ELEMENTS



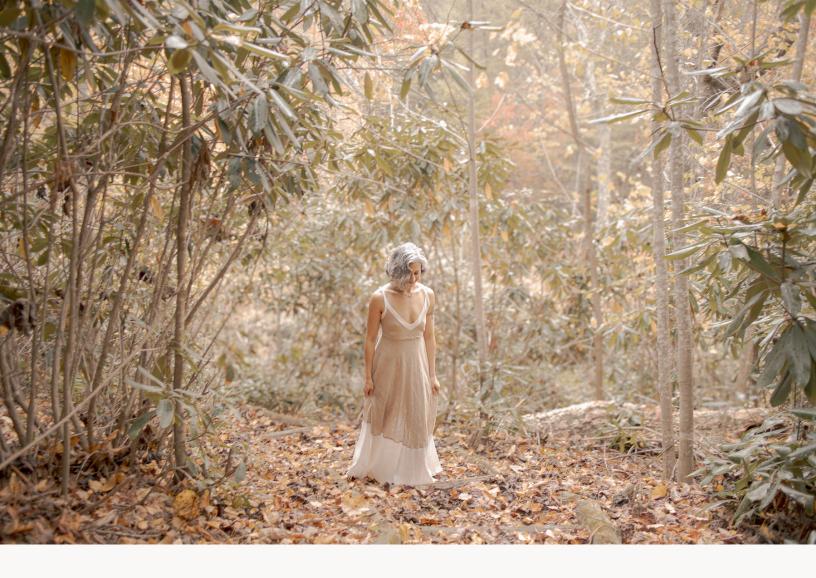
6. WHAT DO YOU CRAVE MORE OF RIGHT NOW?

- A RESPECT AND RECOGNITION
- B INTIMACY AND JOY
- C FREEDOM AND AUTHENTICITY
- D FAITH AND FLOW
- E FOCUS AND PURPOSE
- F MEANING AND SPIRITUAL DEPTH
- G MYSTERY AND TRANSFORMATION



7. CHOOSE THE ELEMENT THAT FEELS MOST ALIVE IN YOU.

- A EARTH (STABILITY & ABUNDANCE)
- B WATER (EMOTION & PLEASURE)
- C AIR (CHANGE & EXPRESSION)
- D ETHER (SPIRIT & DREAM)
- LITTLE (STIKIT & DICLAW)
- E FIRE (ACTION & PASSION)
- F LIGHT (PURITY & TRUTH)
- G SHADOW (MAGIC & REBIRTH)



Your Results

Count how many of each letter you circled:

- Mostly A's: The Queen <u></u>
- Mostly B's: The Lover
- Mostly C's: The Rebel 🖖
- Mostly D's: The Mystic \rightarrow
- Mostly E's: The Warrioress
- Mostly F's: The Priestess 👱

Pay attention to other Archetypes, with high scores, we all have all the archetypes within us that want to be expressed more at different times.



The Queen

You are entering your sovereign era — grounded, radiant, and self-assured. The Queen doesn't ask for permission; she leads with grace and clear boundaries. Her presence commands respect because she knows her worth.

Her Embodiment:

Sovereign, grounded, regal.
She knows her worth and shows
up with calm command. She
embodies power through
presence, boundaries, and
generosity.

Visual Expression:

Gold tones, rich fabrics, high contrast light. Upright posture, slow movements, chin lifted. Think regal, elegant, timeless.

Ritual:

Stand tall, close your eyes, and breathe through your spine. Feel your crown rise above your head. Whisper: "My power is not a performance. It is my natural state."

Affirmation:

I speak with clarity, I honor my throne and rule with love.

<u>Sister Archetype:</u>

The Empress

What's Next...Step into your sovereignty with an Archetypal Queen Portrait Journey — a transformational experience that anchors your leadership and light.



The Lover

You are the embodiment of sensual presence and devotion to pleasure.

The Lover opens through the 5 senses, connection, and trust. She teaches the world that softness is strength.

Her Embodiment:

Sensual, open-hearted, alive in her body. She embraces pleasure both sensual and sexual, softness and connection.

Visual Expression:

Warm lighting, flowing fabrics, curves and skin. Soft focus, candlelight, natural beauty.

Ritual:

Before bed, trace your hand along your body in gratitude. Whisper:
"I am safe to be seen in my softness."

Affirmation:

My pleasure is sacred.

<u>Sister Archetype:</u>

The Siren, The Nymph

What's Next...Awaken your Sensual Essence with an Archetypal Lover Portrait Journey — a transformational experience to deeply embody your radiance.



The Rebel

You are the spark of liberation. The Rebel destroys the rules that no longer serve and dances in her own fire.

She is authenticity incarnate — raw, unapologetic, alive.

Her Embodiment:

Wild, fierce, free. She breaks the rules, claims her body, her voice, her truth.

Visual Expression:

Edgy mood, Urban backdrops or natural adventure, bold colors and textures, messy hair, motion shots, dramatic angles, laughter, shadows and neon.

Ritual:

Play your favorite wild song and move however your body wants — unfiltered, imperfect, real. Say aloud: "I am not here to be good. I am here to be free."

Affirmation:

My truth is my rebellion.

Sister Archetypes:

The Wild Woman, The Tower

What's Next...Claim your Raw Power with an Archetypal Rebel Portrait Journey — a transformational experience that is bold, unscripted, and utterly you.



The Mystic

You walk between worlds. The Mystic trusts intuition and moves with mystery.

Her beauty lives in what she feels more than what she shows.

Her Embodiment:

Dream-weaver with a faraway gaze, ethereal essence, other-worldly, connected to what's unseen.

Visual Expression:

Moonlight, fog, veils, deep blues and silvers. Closed eyes, prayerful hands, blurred motion.

Ritual:

Spend one evening in candlelight only. Listen to the silence until it speaks.
Whisper:
"I trust what I sense, even when I can't explain it."

Affirmation:

I trust the guidance from the unseen.

<u>Sister Archetypes:</u>

The High Priestess, The Sage

What's Next...Reveal your inner world with an Archetypal Rebel Portrait Journey — a transformational experience to capture the ethereal, intuitive, and transcendent coming through you.



The Warrioress

You are fierce compassion in motion.

The Warrioress protects what matters, stands in her truth, and moves through fear with purpose.

Her Embodiment:

Courageous, protective, bold in her truth. She fights for what matters and corrects injustice with a mindful presence.

Visual Expression:

Outdoor landscapes, wind and movement, metallic jewelry, natural light, earthy & metallic colors and textures, power poses.

Ritual:

Stand barefoot, plant your feet wide, lift your heart, and breathe deep.
Say aloud:
"I protect my peace with love."

Affirmation:

My strength is my devotion.

Sister Archetypes:

The Leader, The Advocate

What's Next...Channel your courage and conviction through a Archetypal Warrioress Portrait Journey — a transformational experience to capture your powerful, raw, unstoppable spirit

Begin your journey



The Priestess

You are the living bridge between spirit and body.

The Priestess channels wisdom through stillness, intuition, and devoted presence.

Her Embodiment:

Still, intuitive, sacred. She holds space, channels wisdom, honors ancestral lineage and creates ritual.

Visual Expression:

Neutral or white tones, candles, sacred symbols, serene light.

<u>Ritual:</u>

Anoint your heart with oil and whisper:
"May I be a clear vessel for truth."

Affirmation:

My stillness is my sanctuary.

Sister Archetypes:

The Sage, The Wise Woman

What's Next...Create a sacred mirror of your archetype trough an Archetypal Priestess Portrait Journey — a transformational experience to capture your calm, reverent, radiant spirit



The Witch

You are the weaver of worlds - wise, wild, cyclical.

The Witch knows that creation and destruction are part of the same spell.

Her Embodiment:

Wild magic, earth wisdom, transformation. She works with cycles, the unseen, ancestral and elemental.

Visual Expression:

Forest shadows, smoke, black lace, moonlight, green or violet accents.

Ritual:

Collect one small item from nature — leaf, stone, or flower. Hold it and whisper: "I remember my magic."

Affirmation:

I am the spell I cast.

Sister Archetypes: The Magician (Tarot)

What's Next...Invoke your elemental power trough an Archetypal Witch Portrait Journey — a transformational experience to capture your primal, intuitive, transformative nature.

Hi there, I'm Melinda



an Asheville-based photographer and guide helping women see themselves through sacred eyes.

My work blends art, embodiment, and archetype invocation to create portraits that don't just capture your image — they mirror your becoming.

Every session is a ceremony of remembrance: where you soften, reclaim your beauty, and come home to your own truth.

"The way you see yourself changes the way you live."

Through light, lens, and intention, we turn photography into alchemy — revealing the magic you've always carried.

→ THE THREE PATHS OF TRANSFORMATION →

THE ARCHETYPE INITIATION For the woman ready to remember her beauty. A single-session experience held as ceremony – part photoshoot, part reclamation. We ground in intention, soften through embodiment, and create portraits that reflect your essence, not your performance. Includes: 2 hour Embodiment/Photoshoot session, Follow up integration call and private online gallery of fine art edits

M THE TRANSFORMATIONAL **JOURNEY** For the woman stepping into her next chapter. A 3-session process of rebirth blending ritual photography, intuitive quidance, and subconscious integration. We document your becoming shedding old skins, embodying your truth, and anchoring it through imagery and ritual. Includes: Embodiment Session, Portrait Session, Integration Session, keepsake "Portrait Grimoire" art book

THE ARCHETYPAL IMMERSION
For the woman devoted to her
full evolution.

A yearlong passage through 4
archetypes — a synthesis of
creative collaboration &
spiritual mentorship.
Weave an embodied
mythology of your wholeness,
captured in fine-art portraiture

Includes: 4 portrait sessions, monthly visioning + integration calls, luxury printed album + 4 pieces of wall art

and sacred storytelling.

If this workbook stirred something inside you — that whisper that says there's more of me waiting to be seen ~ Let's make magic \(\rightarrow \)

Begin your Ritual Portrait Journey